

GREAT MOUNTAIN DAYS IN THE LAKE DISTRICT

INFORMATION

An inspirational and detailed guide to fifty memorable expeditions on the high fells of Lakeland. These circular routes have been chosen to provide the moderately adventurous walker with a range of essential walks for exploring the region. The walks are all graded, making the guide equally suitable for less experienced walkers looking for new summits and undiscovered areas. Only the mildest of scrambling will be encountered as these are four-season walks.

The high fells of Lakeland have a character and quality all their own, frequently wild, often thrillingly dramatic, always rewarding on the eyes, body and soul.

The rewards from a Great Mountain Day are there to find for those who seek them. Enjoy!

AREA MAP



THE AUTHOR

Mark Richards moved to Cumbria in the early 1990s. Here he developed a passion for the finest of all walking landscapes, held within and around this marvellous county.

Mark is well known for his guides to the Peak District and Hadrian's Wall. He is a founder of the Hadrian's Wall Trust, a member of the Outdoor Writers' and Photographers' Guild, and has his own slot on BBC Radio Cumbria.

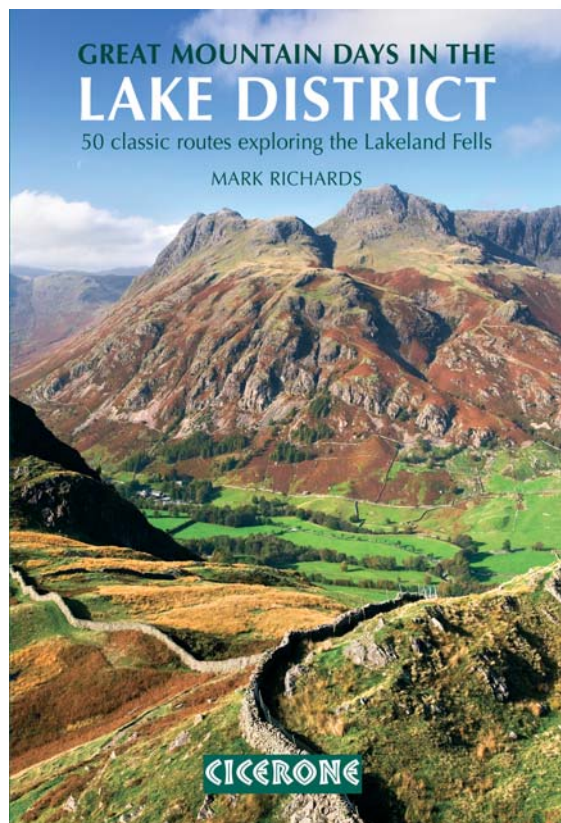
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KEY MARKETING POINTS

- A collection of 50 mountain routes to help novice walkers get out on the fells and inspire the more experienced
- The routes are illustrated with superb photographs, Harvey maps and the author's pictorial route diagrams
- Every book sold benefits the 'Fix the Fells' project
- With foreword by Sir Chris Bonington

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2 Police Square, Milnthorpe, Cumbria, LA7 7PY
01539 562069 Fax: 01539 563417
Email: info@cicerone.co.uk