

# BACKPACKER'S BRITAIN VOL 4: CENTRAL AND SOUTHERN SCOTTISH HIGHLANDS

## INFORMATION

Backpacking in the Scottish Highlands has to be one of the finest pleasures in the hillwalker's life. While day-walkers scurry off back to campsites or B&Bs, the backpacker can carry on into the wilderness, pitching up by a remote lochan or tumbling burn. This book, the fourth in the Backpacker's Britain series, takes you on a thorough exploration of the Southern Highlands. A total of 30 multi-day routes are covered, ranging from a superb traverse of all the 4000ft peaks of Scotland, to classic through-routes in the Cairngorms. There are routes for those with just a weekend to spare, as well as longer walks for those with more time to hand. Some of the walks would also make fine one-day challenges for the very fit hillwalker or runner.

Covers all the main mountain regions south of the Great Glen, including the Monadh Liath, Cairngorms, Nevis range, Mamores, Glen Lyon Hills, Arrochar Alps and much more!

Fact boxes provide all you need to know to take on the challenge of each route, including how to get there, accommodation at the start, campsites, bothies and hostels, and Tourist Information Centres – this book has it all!

## AREA MAP

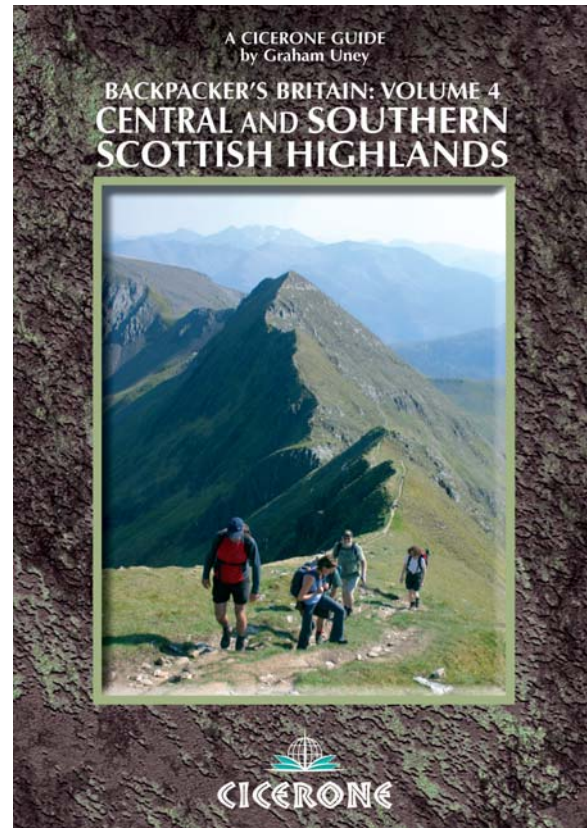


## THE AUTHOR

Graham Uney's love of the mountains has taken him to all corners of the UK and further afield to the Himalayas, North Africa and Europe. He indulges in his passions for backpacking, hill walking, rock climbing, winter mountaineering, orienteering and wildlife watching at home in the highlands of Scotland.

## OTHER TITLES

9781852843205	Backpacker's Britain – Northern England
9781852844080	Backpacker's Britain – Wales
9781852844585	Backpacker's Britain – Northern Scotland



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### KEY MARKETING POINTS

- A popular series for the outdoor adventurer seeking a weekend away from the crowds
- This is the fourth volume of Cicerone's Backpacker's Britain series, and follows Volume 1: Northern England, Volume 2: Wales and Volume 3: Northern Scotland

## CICERONE

Cicerone publish over 250 guidebooks to walking, trekking, climbing, exploring and mountaineering in Britain, Europe and worldwide.

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