

SECOND EDITION

## WALKING IN COUNTY DURHAM

### INFORMATION

Historically, County Durham is the land between two mighty rivers - the Tyne to the north and the Tees to the south. The county stretches from the high Pennines in the west to a low cliff coast in the east. Long settled by man, the area has in recent years completely transformed itself as its traditional industries have closed.

This guidebook contains 40 walking routes and 10 cycleways, exploring all parts of County Durham, totaling 720 kilometres (447 miles). Routes cover wild moorlands, gentle countryside, riverside walks, nature reserves, heritage sites, railway paths and a low cliff coast. Roman forts, ancient churches and castles are found in a rich, varied and wonderfully scenic landscape. Solid stone villages encircle extensive greens, while on the high Pennines, vast tracts of moorland are now designated as 'open access'. As former industrial sites are redeveloped for recreational uses, there are more opportunities to explore new areas of countryside where interpretative facilities are first class.

Welcome to County Durham - the Land of the Prince Bishops.

### AREA MAP



### THE AUTHOR

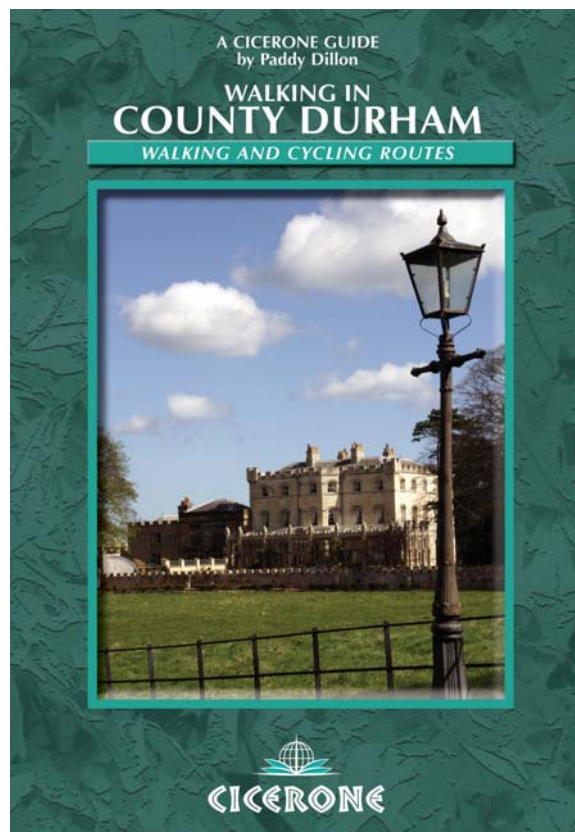
Paddy Dillon is a prolific outdoor writer with over thirty books to his name. He writes for a number of outdoor magazines and other publications, as well as producing information for tourism groups. Paddy has walked and written about every county in England, Scotland, Ireland and Wales. He has walked in many parts of Europe, Nepal, Tibet, Colorado and the Canadian Rockies. He is a member of the Outdoor Writers and Photographers Guild.

### OTHER TITLES

- 978 185284 461 5 The Teesdale Way
- 978 185284 448 6 The North York Moors
- 978 185284 158 4 Waterfall Walks in Teesdale and the High Pennines



# CICERONE



## WALKING IN COUNTY DURHAM

**PRICE:** £12.00

**ISBN (13):** 978 1 85284 537 7 Second edition  
(replaces 978 1 85284 216 1)

**CODE:** 537

**PUBLICATION:** October 2008

**AUTHOR:** Paddy Dillon

**CONTENTS:** 17.2cm by 11.6cm. 240pp. Full colour throughout. PB laminated cover.

### KEY MARKETING POINTS

- Second edition, fully updated with 40 walking routes and 10 cycleway routes
- Covers a wide selection of routes throughout the county

### CICERONE

Cicerone publish over 250 guidebooks to walking, trekking, climbing, exploring and mountaineering in Britain, Europe and worldwide.

2 Police Square, Milnthorpe, Cumbria, LA7 7PY  
01539 562069 Fax: 01539 563417  
Email: info@cicerone.co.uk