

WALKING LOCH LOMOND AND THE TROSSACHS

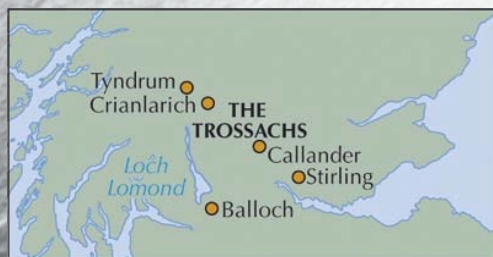
INFORMATION

The hills and glens of the Trossachs and Loch Lomond make up Scotland's first national park. They are the first, and most accessible, of the Highlands if approaching from the south. They are also first in the affections of many hill-goers. Slightly less savage than the mountains further north, on a smaller scale, they have a rugged charm that's all their own.

This book suggests the most straightforward routes to each of the area's 21 Munro summits of 3000ft (910m) and over, but also seeks out the wilder and less walked ways around the back. It covers the many smaller but equally worthwhile hills in the area, from the Cobbler to the Luss Hills and Ben Ledi. As commercial plantations are cleared to reveal native oak and pine and open water, the national park is steadily improving as a place for lower-level walks as well.

With their easy access, convenient shops and accommodation, and public transport by road, rail and water, these slightly less daunting mountains make an excellent introduction to the Scottish Highlands. From Lomond's bonnie banks to the Hill of the Fairies, whether you take the high road or the low, here is some of Scotland's best, and best-loved, hill country.

THE MAP

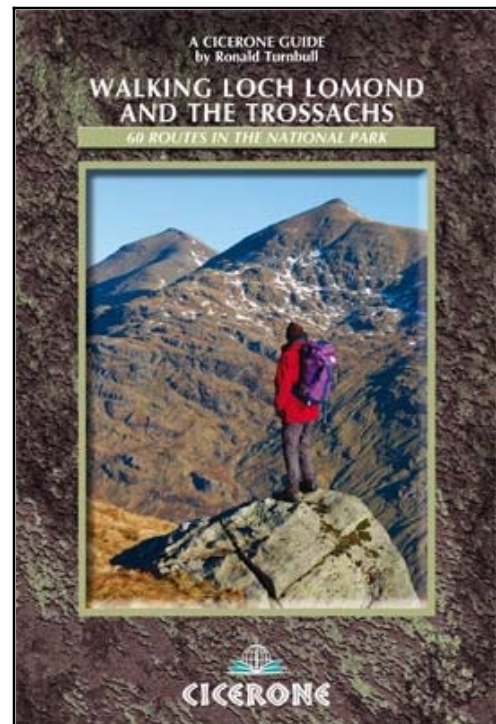


THE AUTHOR

Ronald Turnbull lives close to the Carsphairn and Lowther Hills. He was one of the first to walk the Southern Upland Way. He is a runner as well as a walker, and in 1986 was awarded the Long Distance Trophy of the Fell Running Association for a non-stop journey over the 148 hills of Southern Scotland.

OTHER TITLES

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WALKING LOCH LOMOND AND THE TROSSACHS

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KEY MARKETING POINTS

- Over 60 routes for summer and winter in Scotland's first national park
- The routes to the region's 21 Munro summits, plus lesser hills and low-level paths
- Good local facilities and easy access from the south

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