

CYCLING IN THE PEAK DISTRICT

21 routes in and around the National Park

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There are many Peak District books on technical mountain biking, and the national park promotes linear routes along old railway lines. By taking its readers along ancient toll roads, packhorse trails and quiet roads, however, this guide aims to cover so much more than is currently available.

The Peak District, the UK's first and still its most popular national park, has a network of quiet back roads and gentle off-road trails that are perfect for cyclists. Stunning upland views are their reward for following these largely unknown paths.

Each route is graded for difficulty with factors such as distance, gradient, terrain and total ascent. Routes range from a short gentle trip around the canals and bridleways of Chesterfield to a multi-day 'Tour de Peak District', a 5-day homage to the famous French tour.

Key marketing points

- The only cycling guide to the area providing more challenging routes using roads and tracks
- Superb network of quiet roads and trails in the UK's first national park
- 22 million visitors to the National Park every year, of which 6% cycle while they are there
- Published in time for Peak District cycling festival 2011

About the author

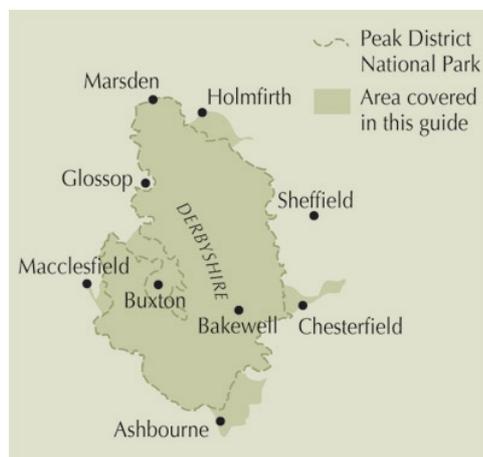
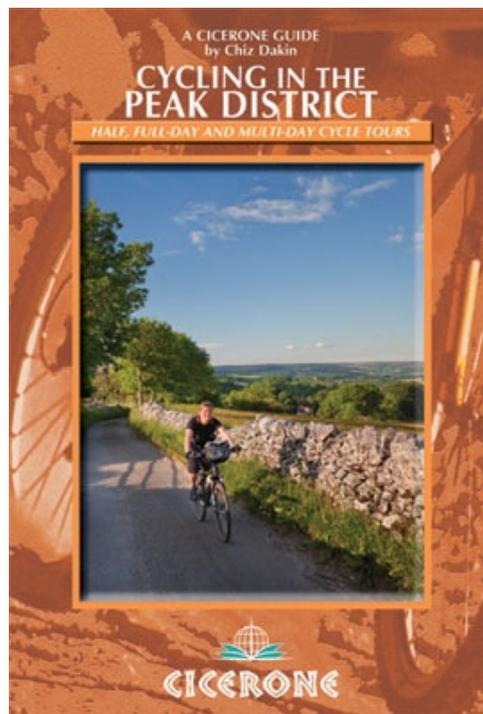
The Peak District is Chiz Dakin's home playground. Her love for two-wheeled adventures started in childhood, and she has now completed several multi-day cycle tours. A winner of the Outdoor Writers and Photographers Guild Award for Excellence in Photography, she runs her own photography tuition business with courses in both the Peak District and internationally.

Related books

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9781852846497 - The C2C Cycle Route

9781852846763 - Mountain Biking in the Yorkshire Dales



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