THE END TO END CYCLE ROUTE
Land's End to John o' Groats

INFORMATION

Researched and written to provide a relaxing, quiet route that (wherever possible) avoids busy A roads, this guide ultimately shows that this most famous of British challenges is well within the capability of any confident, fit and well-prepared cyclist.

Divided into 14 consecutive day stages, the guide gives detailed route description of the End to End. Nick's route takes in some stunning parts of Britain including Dartmoor, the Welsh Marches, the Lake District, Loch Lomond and the Great Glen.

With details of recommended accommodation and cycle shops as well as interesting notes on architectural landmarks passed along the way, the guide gives everything needed to relax, enjoy and complete the End to End cycle route in style.

THE MAP

THE AUTHOR

Nick Mitchell is a passionate long-distance cyclist and a veteran of numerous End to Ends with comprehensive knowledge of the route. When not in the office writing up cycling routes, he can be found out on the road guiding long-distance tours.

OTHER TITLES

9781852845124 The End to End Trail
9781852845629 Cycle Touring in Ireland
9781852846497 The C2C Cycle Route

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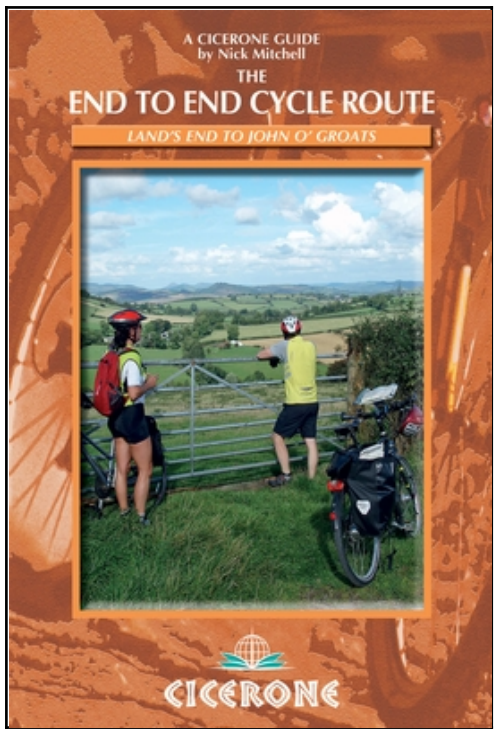

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KEY MARKETING POINTS

- Several thousand people cycle this route every year
- Old Cicerone Land's End to John o' Groats guide has sold a steady 1000 copies each year for many years
- Author is an experienced long-distance cyclist, and has completed numerous End to End tours

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