

BEN NEVIS AND GLEN COE

INFORMATION

Lochaber and Glencoe, next door to each other on either side of Loch Leven, offer the UK's greatest concentration of really magnificent mountains. From the Blackmount to the Grey Corries, from Ben Nevis to Buachaille Etive Mor, this is country for linking high peak to high peak along sharp and sometimes rocky ridges.

Here too are low-level walks between, rather than over, these most spectacular of summits. Gentle footpaths from the Caledonian Canal to the Nevis Gorge and the birch woods of Kinlochleven are just the start. Beyond are great through-routes along empty glens by lonely bothies to the edges of Rannoch Moor. The area is notable for tent or bothy treks that are short (2–4 days), and well supplied with villages, railways and bus stops, but still serious in terms of remoteness and scenery.

- Covers from the Grey Corries to Ben Cruachan, including Glen Etive and the Blackmount
- Low and mid-level routes are illustrated with 1:50,000 Landranger mapping.

AREA MAP

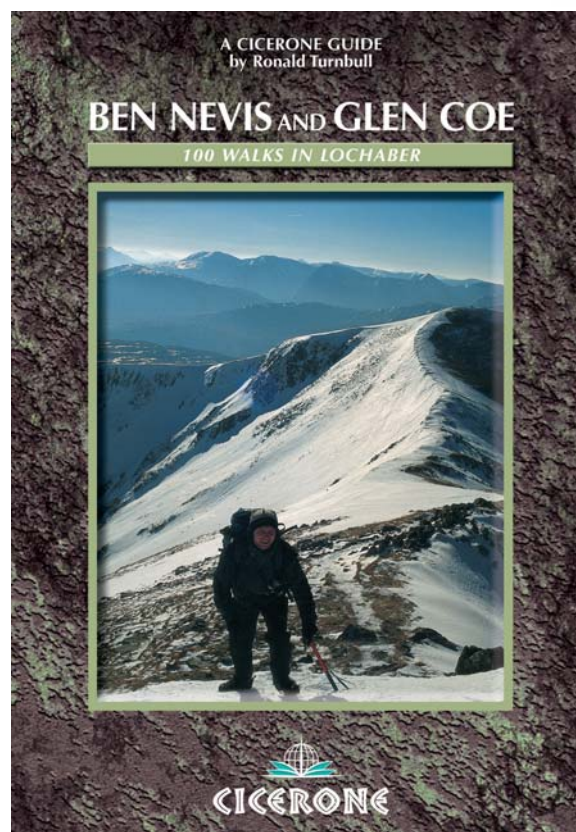


THE AUTHOR

Ronald Turnbull lives close to the Carsphairn and Lowther Hills. He was one of the first people to walk the Southern Upland Way. He is a runner as well as a walker, and in 1986 was awarded the Long Distance Trophy of the Fell Running Association for a non-stop journey over the 148 hills of Southern Scotland. Outside the Southern Uplands he walks, climbs, runs and writes about the Highlands and sometimes England.

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KEY MARKETING POINTS

- 100 routes for summer and winter in the best-known walking area in Scotland.
- The routes to the region's 43 Munro summits include three scrambles
- Includes lesser hills, low-level paths, and long-distance through-routes

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2 Police Square, Milnthorpe, Cumbria, LA7 7PY
01539 562069 Fax: 01539 563417
Email: info@cicerone.co.uk