

WALKING THE GR7 IN ANDALUCIA

INFORMATION

White sand beaches, pine forests, semi-arid desert badlands, snow-capped peaks, fertile plains, traditional agricultural villages, lush expansive river valleys, olive groves, rolling hills of cork woodland: the GR7 in Andalucía takes you on a journey through the most geographically varied region on the Iberian peninsula.

The fantastically varied route starts at the southernmost tip of Spain on the coast at Tarifa, and meanders for 268km through the provinces of Cádiz and Málaga before dividing. The northern fork heads through Córdoba and Jaén provinces, whilst the southern fork passes through Almería and Granada. Along the way, it passes through 7 stunning natural parks and the Sierra Nevada national park, home to mainland Spain's highest peak, Mulhacén.

This is the first guide to cover the whole of the GR7 in Andalucía. It gives detailed route descriptions for around 70 full days of walking, but also offers options for creating shorter sections and days. There is information on all of the villages the route passes through, including accommodation, so that you can plan your own route.

AREA MAP



THE AUTHORS

Michelle Lowe loves walking and the outdoors. She lives in Edinburgh and takes every opportunity to get out into the hills and mountains of Scotland. She has also travelled and walked extensively in Europe and South America. Walking the GR7 in Andalucía is her first guidebook, but hopefully not her last.

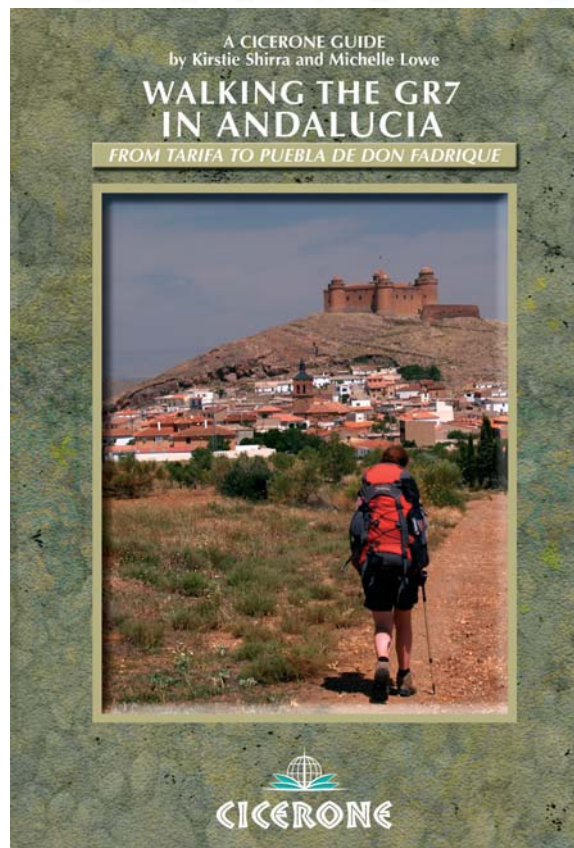
Kirstie Shirra has been climbing mountains since she could walk. Based in Edinburgh, she spends much of her time escaping to the unrivalled mountains of the northwest of Scotland. She has travelled throughout Europe and South America.

OTHER TITLES

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KEY MARKETING POINTS

- First English-language guide to the complete route.
- Spain's increasingly popular Gran Recorrido (GR7), part of the European E4 cross-Europe route.
- With easy access from the UK, the route can be walked in sections if desired.

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