

MONT BLANC WALKS

ISBN: **9781852848194** (Short Code: 819)

Publication Date: **January 2016**

Price: **£14.95**

Edition: **Third** (replaces 9781852845971)

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Paperback Gloss Laminated, 288 pages

17.2cm x 11.6cm

The 54 walks in this guidebook explore the popular region around Mont Blanc, showcasing the very best routes on both the French and the Italian sides of the Mont Blanc Massif, including 50 great day walks – from 3 to 20 kilometres – and 4 multi-day treks.

Mont Blanc (4808m) is the highest mountain in Western Europe, dominating the major holiday destinations of Chamonix and Courmayeur. The area covered takes in a variety of terrain including valley footpaths, airy ridges and via ferratas. The multi-day treks are Vallorcine to Plaine Joux, the Tour des Aiguilles Rouges, Vallorcine to Servoz and a circuit of the Italian Val Ferret.

Walks are organised according to the nearest town base: St Gervais les Bains and Les Contamines, Servoz and Plateau D'Assy, Les Houches, Chamonix, Argentière and Courmayeur. Walks are Graded 1 to 3: grade 1 walks are manageable by any reasonably fit person on good, usually waymarked paths, while grade 3 routes are long, tough routes, often without waymarking, making navigation difficult: there could also be some scrambling. Additionally there is often a valley walk that can be done whatever the weather, or on rest days, with children, by bike, or as a run. All routes feature a detailed route description and mapping and are illustrated with spectacular photography.

Key marketing points

- 54 alpine walks centred around Chamonix, the 'capital of mountaineering'
- Updated 3rd edition of this best-selling guide
- Prepared by locally-based British guide Hilary Sharp, an expert on the region

About the author

Hilary Sharp is British, a qualified Accompagnatrice en Montagne (International Mountain Leader) based in France. After 23 years in the Alps she now lives in northern Provence, within easy reach of the southern French Alps. She runs her own trekking business, Trekking in the Alps and Provence (www.trekkinginthealps.com; www.trekkinginprovence.com, hilaryalp@gmail.com).

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