

THE SPEYSIDE WAY

A Scottish Great Trail, includes the Dava Way and Moray Coast trails

ISBN: **9781852848682** (Short Code: 868)

Publication Date: **December 2016**

Price: **£16.95**

Edition: **Second** (replaces 9781852846060)

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Paperback Gloss Laminated pvc Sleeve, 224 pages

17.2cm x 11.6cm

This guidebook describes the Speyside Way, an official 66 mile (106km) Scottish Long Distance Route which follows the River Spey through northern Scotland from Aviemore to the old port of Buckie on the Moray coast. Featuring easy walking on good paths and along disused railway lines, the route can be completed in a week and is divided into 10 stages of between 2 and 13 miles (3-21km).

The guide also details the recently opened 6½-mile (10.5km) extension to the Speyside Way between Kinraig and Aviemore as well as two alternatives to the main route and routes to the source of the Spey. Also featured are three other trails in the same area which can be combined with the Speyside Way to form a longer trek: the 25 mile (40km) Dava Way, 47 mile (76km) Moray Coast Trail and 12½ mile (20km) Badenoch Way. This is the only guidebook that provides comprehensive route descriptions for all these options in addition to background information, local points of interest (including a list of distilleries!), tips on transport and accommodation and recommendations for mountain-bikers and riders.

The guidebook contains a 1:25,000 scale OS route map for the Speyside Way in a convenient booklet that can be found in the back cover sleeve. The route description links together with the map booklet at each stage along the way, and the compact format eliminates the need to fold and re-fold a large map.

Key marketing points

- Includes Dava Way and Moray Coast Trail
- Includes OS 1:25,000 map booklet

About the author

Alan Castle has trekked and cycled in over 30 countries within Europe, Asia, North and South America, Africa and Australasia. A member of the Outdoor Writers and Photographers Guild, he has written 18 guidebooks, several on long-distance mountain routes in France. An erstwhile national secretary and long-distance path information officer of the Long Distance Walkers Association, Alan now lives at the foot of the Moffat Hills in Scotland.

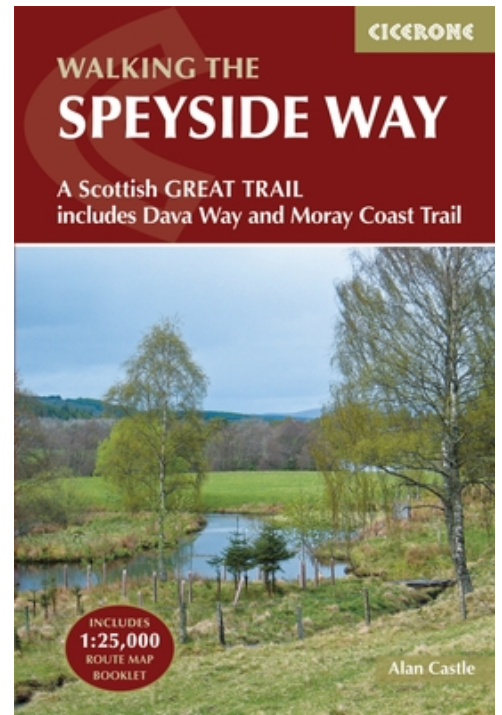
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