

# CYCLE TOURING IN IRELAND

## INFORMATION

To cycle tour in Ireland is not just to pass through the country, but to become part of it. The timeless mountains, valleys and lakes are waiting, as are the hostels, camp sites and traditional Irish pubs. *Cycle Touring in Ireland* describes 12 routes all around and across the country, seeking out the quiet, the quirky and the spectacular parts of this beautiful island in tours that can be fitted into a week's riding or combined into itineraries right up to a complete tour.

The routes in the book have been ridden as fully loaded tours to ensure the most up-to-date and relevant guidance on road conditions and what is worth seeing.

- illustrated with coloured maps and step-by-step route cards
- full information on how to get there, when to go and where to stay
- historical points of interest highlighted

## THE MAP

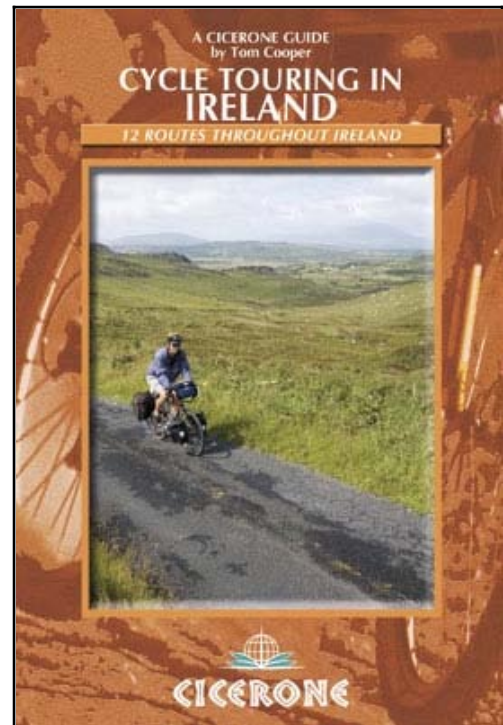


## THE AUTHOR

When Tom Cooper decided to explore Ireland by bike, he couldn't find the guide book he wanted. So he set out to write this one to inspire and help cyclists to enjoy cycle touring in Ireland as much as he does. Tom has worked as a journalist and editor for newspapers in both England and Australia and this is his first guidebook.

## OTHER TITLES

9781852841102 The Mountains Of Ireland  
9781852843816 Cycle Touring in Spain  
9781852844325 Cycle Touring in France  
9781852845261 Cycle Touring in Switzerland



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**AUTHOR:** Tom Cooper

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Paperback Gloss Laminated

## KEY MARKETING POINTS

- Routes throughout Ireland, for most abilities
- Roads are mainly quiet and scenic
- Cycle-touring is becoming increasingly popular

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