

ACONCAGUA AND THE SOUTHERN ANDES

INFORMATION

At 6962m, Argentina's Aconcagua is the highest peak outside the Himalayas but you don't need to be a climber to get to the top. Thousands of trekkers travel every year to conquer it and this comprehensive guidebook has all the information they need to take, and more.

The ascents of Aconagua described are the Normal (or Horcones Valley) Route and the Vacas Valley (or Polish Glacier) Route – the two most popular and non-technical ascents. Advice is given on making the most of time on the approach through Santiago and Mendoza to prepare – in terms of equipment, altitude and acclimatisation. A selection of other treks around Santiago and Aconocagua, and throughout the southern Andes, are also outlined.

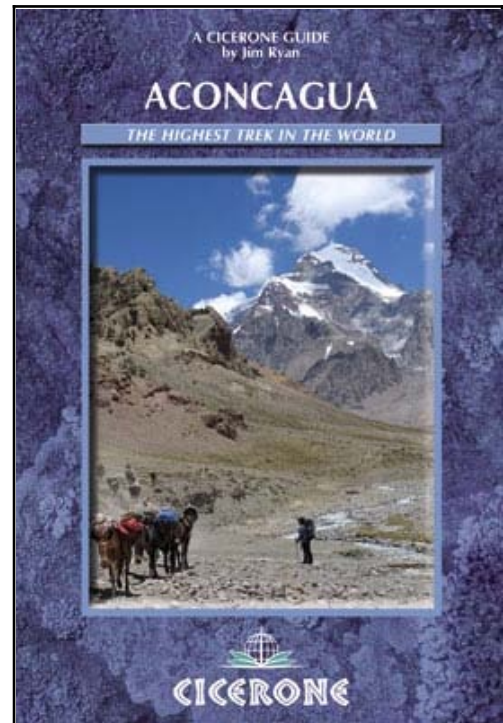
This second edition has been fully updated, with some new maps and photographs, more detailed route descriptions and expanded sections on motivation and preparation. A day trip to the Maipo Volcano has also now been added to the many things to do from Mendoza.

THE MAP



THE AUTHOR

An engineer by profession, Jim Ryan has travelled, and written extensively, on some of the great walks of the world, in Nepal, Lesotho, Tanzania and on the island of Reunion. Aconcagua and the region around it made a great impression on him on his first expedition there almost 10 years ago.



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KEY MARKETING POINTS

- Second edition – fully updated
- The only comprehensive English language guide
- With background information for a successful trip

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