

TOUR OF THE JUNGFRAU REGION

A two-week trek in the Bernese Oberland

INFORMATION

Only two years after the publication of this guide to a brand new trekking route, this new edition reflects the tour's growing popularity and incorporates many updates.

Describing a horsehoe amid some of the most spectacular mountain scenery in all the Swiss Alps, the Tour of the Jungfrau Region is growing in popularity and is destined to become one of the classic walks of Europe. During this 9–12 day trek in the Bernese Oberland the walker visits pastures, ridges, summits and passes, skirts exquisite mountain lakes and gazes on waterfalls, gorges and glaciers – all in the shadow of such iconic peaks as Wetterhorn, Eiger, Mönch and Jungfrau. Accommodation is both plentiful and atmospheric, and the route has lots of bad-weather alternatives.

- an exciting trek, with wonderful views and easily accessible
- full description of route and places of interest, including the World Natural Heritage site

THE MAP

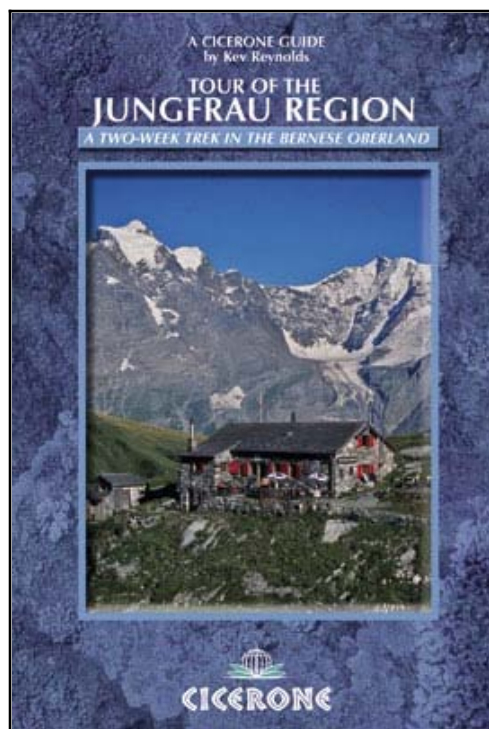


THE AUTHOR

Kev Reynolds devised the Tour of the Jungfrau Region. He is a freelance writer, photojournalist and lecturer and was the first honorary member of the British Association of International Mountain Leaders (BAIML). His first title for Cicerone appeared in 1978, and is still in print. The present book is his twentieth on the subject of the Alps.

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KEY MARKETING POINTS

- New edition of an increasingly popular trek
- Suitable as a first overseas trekking holiday
- Highly respected author has ensured excellent support and promotion in Switzerland

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